



TRAILS

Heart of the Canyon Trail Access is on the west side of Taft. The unimproved trail is steep at first. It crosses the stream several times and is rocky in places.

Overlook Trail Access is on either side of Taft Middle School. Walk outside the playground fence and look into the canyon. Avoid the steep descent on the west side by following the fence towards the front of the school.

Shawn Trail Access is at the southwest end of Shawn Ave.

Note: The hiking trails are not city-designated trails and therefore neither the City of San Diego nor the Friends of Ruffin Canyon assume any responsibility for those who wish to hike.